



WILDSPRIT YOGA PRESENTS

ANUSARA YOGA

RETURNING TO THE SOURCE

LOS VILOS, CHILE

WITH AMY IPPOLITI

MARCH 7-14, 2009



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"Every 13,000 years on Earth a sacred and secret event takes place that changes everything. Mother Earth's Kundalini energy emerges from its resting place in the planet's core and moves like a snake across the surface of our world. Once at home in ancient Lemuria, it moved to Atlantis, then to the Himalayan mountains of India and Tibet, and with every relocation changed our idea of what spiritual means. And gender. And heart. This time, with much difficulty, the Serpent of Light has moved to the Andes Mountains of Chile and Peru."

~Drunvalo Melchizedek

Calling all seekers, mermaids and mermen! Treat yourself to a deeply mystical yet light-hearted respite from winter by the ocean in Los Vilos, Chile. Join certified Anusara Yoga teacher, Amy Ippoliti, and a phenomenal staff at the pristine ocean-side paradise of Canal Om Retreat Center.

Traveling from Santiago to Los Vilos, you will pass through the exquisite Andes desert, enjoying magnificent mountain scenery and local fruits and veggies from roadside farm stands. Arriving at Canal Om, you will melt into a natural sanctuary nestled on twenty acres of breathtaking rocky Pacific coastline. Artful landscaping and tranquil manicured gardens provide an idyllic setting from which to enjoy the Pacific's deep blue waters, dramatic ocean spray, as well as a variety of water features and soaking pools. Everywhere you turn there is another stunning view to enjoy or the perfect spot to indulge and relax...whether it's the sauna, an ocean side pool, a garden bench or the hot tub....this hidden gem has it all!

Each day includes dynamic yoga classes with Amy that will deepen your understanding of the elegant practice of Anusara Yoga, tantric philosophy, pranayama and meditation, all revealed through this powerful setting. Classes take place in Canal Om's fully appointed yoga shala.

During breaks, ease away tension in their superb seawater therapy pools and sauna with ocean views. Or take a dip in the natural fresh water pool or Jacuzzi. Bodyworkers and energy workers will be on call – or join one of the many fantastic excursions available such as horseback riding, visiting a nearby cactus farm, or shopping for local crafts.

Simple and elegant, the guest rooms at Canal Om have zen-like decor, each with its own distinct character. The chef uses locally-grown produce from their onsite greenhouse to produce scrumptious, hearty healthy meals.

Just soaking up the magnificent, transcendent seaside energy of Canal Om will enrich, uplift and connect you to your infinite self! Give yourself the gift of this spectacular retreat. You will cherish the memories for a lifetime!

REGISTRATION

Be sure to plan for this retreat EARLY! Register ASAP to reserve your space and to take advantage of the most favorable airfares to Chile! This retreat will sell out with a waiting list.

Cost: Double \$1,825.00, Single \$1,975.00
Single Deluxe \$2,100.00 (Airfare separate)

To Register: Please e-mail or call Jessica at jessica@wildspirityoga.com or 720-335-6883 or visit www.wildspirityoga.com to fill out a registration form online.

For More Information: www.wildspirityoga.com
Questions? Feel free to contact Jessica.

Upon registration, we will send you all the information you will need on traveling to Chile, what to bring, and what to expect.

Payment Policy: A \$500 deposit will reserve your space. Balance is due January 20th, 2009. The demand for this retreat and the preparation involved is very high, therefore please note that all payments are non-refundable. Because of this we highly recommend that you protect your investment with travel insurance for your trip. To purchase travel insurance you can go to www.travelsecure.com or call (800) 873-9855.



About Amy Ippoliti

A student of yoga for 23 years, Amy was certified as an Anusara Yoga instructor by Anusara founder, John Friend, and is a leader in the Anusara Yoga community. She has studied under John's guidance since 1998 and continues to apprentice and travel with him around the globe. She is known for her life-affirming and exuberant teaching style, offering her years of experience with the potent Universal Principles of Alignment, elegant Tantric yoga philosophy and therapeutics that embody Anusara Yoga. Amy leads retreats, immersions, workshops, and teacher training internationally, presents at yoga and fitness conferences, and is part of the faculty at Kripalu and the Omega Institute.



www.wildspirityoga.com



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